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## Aula 7 – Pronomes Reflexivos

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## ■ Objetivo da Aula

Ao final desta aula, você será capaz de:

Entender o que são pronomes reflexivos em inglês

Usar corretamente myself, yourself, himself, herself, itself, ourselves, yourselves e themselves

Diferenciar uso reflexivo de uso enfático

Evitar erros comuns de brasileiros

Construir frases afirmativas, negativas e perguntas com pronomes reflexivos

## ■ O que são Pronomes Reflexivos?

Pronomes reflexivos são usados quando o sujeito e o objeto da frase são a mesma pessoa ou coisa.

Em português, muitas vezes usamos:

me

se

nos

a si mesmo

Exemplo em português:

Eu me machuquei.

Ela se apresentou.

Em inglês, usamos:

I hurt myself.

She introduced herself.

Perceba que a ação "volta" para a própria pessoa.

## ■ Lista Completa dos Pronomes Reflexivos

Pronome pessoal Pronome reflexivo

I myself

You yourself

He himself

She herself

It itself

We ourselves

You (plural) yourselves

They themselves

## ■ 1) Uso Básico: Quando o Sujeito = Objeto

Sujeito + verbo + pronome reflexivo

I cut myself.

She looked at herself in the mirror.

He blamed himself.

They prepared themselves.

We enjoyed ourselves.

## ◼◼ Erro Comum de Brasileiros

◼ I hurt me.

◼ I hurt myself.

◼ She washed her.

◼ She washed herself.

## ◼ 2) Quando NÃO usar pronome reflexivo

◼ I woke myself.

◼ I woke up.

◼ I sat myself.

◼ I sat down.

◼ I got myself up.

◼ I got up.

## ◼ 3) Uso com Verbos Comuns

introduce yourself

prepare yourself

enjoy yourself

help yourself

teach yourself

Please introduce yourself.

Help yourself to some coffee.

I taught myself English.

She prepared herself for the exam.

## ■ 4) Uso com "By"

I did it by myself.

She lives by herself.

He built the house by himself.

They solved the problem by themselves.

## ■ 5) Uso Enfático

I did it myself.

She made the cake herself.

The president himself attended the event.

## ■ 6) Comparação: Reflexivo x Ênfase

Reflexivo:

She hurt herself.

Ênfase:

She did it herself.

## ■ 7) Reflexivos no Imperativo

Help yourself.

Behave yourself.

Enjoy yourself.

Take care of yourself.

## ■ 8) Diferença: Each Other x Themselves

They love each other.

They prepared themselves.

## ■ 9) Reflexivos com Preposições

He is proud of himself.

She is confident in herself.

They are disappointed in themselves.

## ■ 10) Erros Muito Comuns

■ She called myself.

■ She called me.

Singular:

You hurt yourself.

Plural:

You hurt yourselves.

## ■ 11) Reflexivos com Verbos de Sentimento

I feel proud of myself.

She feels bad about herself.

He believes in himself.

They trust themselves.

## ■ Mini Diálogos

A: Did you fix it?

B: Yes, I fixed it myself.

A: Who cooked dinner?

B: She cooked it herself.

A: Are they ready?

B: Yes, they prepared themselves.

## ■ Exercícios (Tutor LMS)

Parte 1 – Complete:

I cut _____.

She introduced _____.

They prepared _____.

We enjoyed _____.

He blamed _____.

Respostas:

myself

herself

themselves

ourselves

himself

Parte 2 – Escolha:

She hurt (her / herself).

I did it (me / myself).

They helped (them / themselves).

He introduced (him / himself).

Respostas:

herself

myself

themselves

himself

Parte 3 – Traduza:

Eu me machuquei.

Ela se apresentou.

Eles se prepararam.

Nós nos divertimos.


Respostas:

I hurt myself.

She introduced herself.

They prepared themselves.

We enjoyed ourselves.


## ■ Conclusão da Aula

Nesta aula você aprendeu:


O que são pronomes reflexivos

Quando usar myself, yourself, himself, etc.

Diferença entre uso reflexivo e uso enfático

Uso com "by"

Erros comuns de brasileiros